



# COMPREHENSION QUESTIONS

## MARTIAL ARTS: JIU-JITSU

1. Write a sentence that explains the main idea of Chapter 2.
2. Would you rather study Japanese jiu-jitsu or Brazilian jiu-jitsu? Why?
3. What is a gi?
  - A. a school where people study jiu-jitsu
  - B. a move that knocks down an opponent
  - C. a uniform that jiu-jitsu fighters wear
4. Why would not using strikes make Brazilian jiu-jitsu safer?
  - A. Those moves are the hardest to learn.
  - B. Those moves are most likely to hurt fighters.
  - C. Those moves are least likely to win matches.



5. What does **developed** mean in the *Jiu-Jitsu* book?

*Jiu-jitsu was created hundreds of years ago. Japanese samurai **developed** it.*

- A. made something up
- B. stopped doing something
- C. lost something

6. What does **rare** mean in the *Jiu-Jitsu* book?

*Japanese jiu-jitsu competitions are **rare**. But many people compete in Brazilian jiu-jitsu.*

- A. done by many people
- B. happening very often
- C. not very common



## **ANSWER KEY FOR MARTIAL ARTS: JIU-JITSU**

1. Answers will vary
2. Answers will vary
3. C
4. B
5. A
6. C





5. What does **international** mean in the *Judo* book?

*By the 1960s, judo had spread around the world. People began holding **international** competitions.*

- A. involving many countries
- B. involving just one country
- C. involving just one person

6. What does **focuses** mean in the *Judo* book?

*Judo **focuses** on self-defense. It teaches ways to turn an opponent's movements against them.*

- A. shines light
- B. puts attention
- C. leaves out



## **ANSWER KEY FOR MARTIAL ARTS: JUDO**

1. Answers will vary
2. Answers will vary
3. A
4. B
5. A
6. B



# COMPREHENSION QUESTIONS

## MARTIAL ARTS: KARATE

1. Write a sentence that explains the main idea of Chapter 2.
2. Would you rather compete in a kata event or a kumite event? Why?
3. What belt color does a new karate student wear?
  - A. red
  - B. white
  - C. black
4. Why would karate be useful in a place where swords are illegal?
  - A. Karate cannot be used for fighting.
  - B. Karate lets people fight without weapons.
  - C. Karate helps people hide weapons.



5. What does **developed** mean in the *Karate* book?

*New styles of karate **developed**. By the 1920s, they began spreading throughout Japan.*

- A. started
- B. ended
- C. called

6. What does **perform** mean in the *Karate* book?

*In kata events, people **perform** sets of moves. Judges watch them and give scores.*

- A. sing songs or play music
- B. do something in front of others
- C. decide the winner of a contest





## **ANSWER KEY FOR MARTIAL ARTS: KARATE**

1. Answers will vary
2. Answers will vary
3. B
4. B
5. A
6. B



# COMPREHENSION QUESTIONS

## MARTIAL ARTS: KUNG FU

1. Write a sentence that explains the main idea of Chapter 3.
  
  
  
  
  
  
  
  
  
  
2. Which style of kung fu would you be most interested in learning? Why?
  
  
  
  
  
  
  
  
  
  
3. Which is an internal style of kung fu?
  - A. Shaolin
  - B. Wing Chun
  - C. Tai Chi
  
  
  
  
  
  
  
  
  
  
4. How was kung fu first used?
  - A. for fighting battles
  - B. for competing in events
  - C. for performing routines



5. What does **graceful** mean in the *Kung Fu* book?

*They are **graceful**, too. It almost looks like they're dancing.*

- A. fast and choppy
- B. smooth and flowing
- C. full of long pauses

6. What does **championships** mean in the *Kung Fu* book?

*Top athletes go to the World Kung Fu **Championships**. This event takes place every two years.*

- A. an event for the very best athletes
- B. an event for very young children
- C. an event that happens each week



## **ANSWER KEY FOR MARTIAL ARTS: KUNG FU**

1. Answers will vary
2. Answers will vary
3. C
4. A
5. B
6. A



# COMPREHENSION QUESTIONS

## MARTIAL ARTS: MUAY THAI

1. Write a few sentences describing when and where Muay Thai first began.
2. Would you rather be a judge or a fighter in a Muay Thai bout? Why?
3. Which part of the ritual before a Muay Thai bout happens first?
  - A. praying
  - B. bowing
  - C. dancing
4. What are the eight limbs used in Muay Thai?
  - A. the weapons that fighters hold
  - B. the fists, feet, legs, head, and neck of each fighter
  - C. the two fists, two elbows, two knees, and two shins of each fighter



5. What does **target** mean in the *Muay Thai* book?

*Several attacks use the knees. Some moves jab at an opponent's chest or thighs. Other moves **target** the face.*

- A. run from
- B. aim at
- C. take away

6. What does **forbidden** mean in the *Muay Thai* book?

*But certain moves are not allowed. Hitting eyes or joints is **forbidden**.*

- A. hard to learn
- B. against the rules
- C. fine to do



## **ANSWER KEY FOR MARTIAL ARTS: MUAY THAI**

1. Answers will vary
2. Answers will vary
3. A
4. C
5. B
6. B



# COMPREHENSION QUESTIONS

## MARTIAL ARTS: TAE KWON DO

1. Write a few sentences describing the main ideas of Chapter 3.
2. If you competed in tae kwon do, which type of event would you choose? Why?
3. What is a form?
  - A. a set of moves done in a row
  - B. a fight between two students
  - C. a move that breaks a board
4. Why might black belts take years to earn?
  - A. They are some of the first belts.
  - B. Many other belts come first.
  - C. Few other belts require learning patterns of moves.





5. What does **combine** mean in the *Tae Kwon Do* book?

*They agreed to **combine** styles. They formed one modern version.*

- A. split apart
- B. blend together
- C. add more schools

6. What does **international** mean in the *Tae Kwon Do* book?

*People around the world watched and studied it. In the 1960s and 1970s, many **international** events began.*

- A. no longer happening
- B. involving just one country
- C. involving many countries



## **ANSWER KEY FOR MARTIAL ARTS: TAE KWON DO**

1. Answers will vary
2. Answers will vary
3. A
4. B
5. B
6. C